

EDITOR:  
AMANDA STEPHENS, OMS-I  
NATIONAL LIAISON OFFICER

## YOUR NEW SOMA OFFICERS:

**Jessica Barnes**  
President

**Amanda Stephens**  
National Liaison Officer

**Meghan Young**  
Vice President

**Courtney Walsh**  
Treasurer

**Tracy Thompson**  
Secretary

**Allan Apostol**  
Director of Public Relations

**John Venditti**  
Volunteer Coordinator

**Ayeza Mohsin**  
Preventative Medicine  
Coordinator

**Colin Kenny**  
Director of Public Affairs

**Kelsey McAnally**  
International Medicine  
Coordinator

**Subuhi Humera**  
Minority Affairs Chairperson

**Ryan Rose**  
Director of Professional  
Development

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# SOMA

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## SOMA Goes To Area Elementary Schools

LMU-DCOM SOMA presents the AOA program "Mini Medical School" to 1st through 3rd graders this month at Ellen Myers Elementary School and Sharps Chapel Elementary School. Medical student volunteers will develop various stations to educate children about important health issues, alleviate their fears of doctors, and promote osteopathic medicine. Topics include nutrition, exercise, hygiene, medical instruments, X-Ray, organs, and a station for every child to have his or her photo taken in a

doctor's white coat. The event will take place for a few hours in



Photo from corbis

the afternoon at Ellen Myers Elementary School on March 13th and at Sharps Chapel Elementary School on March 24th. Seven OMS-I and 7 OMS-II student volunteers are needed for the Mini Medical School at each location. If you are interested in volunteering in this community outreach project, you can sign up on the sheet at the reception desk, or contact SOMA Public Relations Director Allan Apostol.

There will be a short informational meeting for volunteers on the day preceding each trip.

## February In Review

### International Medicine

Last month, SOMA hosted an international medicine forum of OMS-II students who traveled abroad last summer. Several different programs were represented including opportunities in Haiti, Guatemala, Ecuador, Nicaragua, Bangladesh, and Tanzania. Newly elected SOMA International Medicine Coordinator Kelsey McAnally recommends to those thinking about participating in a similar international program to check out the medical mission trips offered by DOCARE.

Founded by an osteopathic physician in 1961, DOCARE is dedicated to providing healthcare to indigent and isolated populations



Photo from RCPE

in remote areas of the world. The organization is looking for 6 medical students to travel to the

Lake Atitlan Region in Guatemala this June for 2 weeks to provide primary healthcare to Mayans living in villages around the lake and to a small town outside of Antigua. For more information, visit the DOCARE website: <http://www.docareintl.org>.

### SOMA Elections Held

On January 23rd, 12 new officers were elected onto the SOMA Executive Board and Cabinet. February was a productive month for generating new SOMA project ideas and all are excited about the year ahead.

## Another CV Workshop At LMU-DCOM

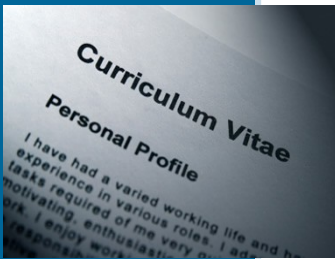


Photo from CV World

On February 3rd, SOMA put on a workshop for students to learn what exactly goes into a curriculum vitae. Drs. Teitelbaum, Wieting, and Osborn presented how to compile a detailed account of education, accomplishments, and work experience used to apply for residency programs, jobs, and leadership positions.

Former SOMA Professional Development Director Lindsey Dierlam planned the workshop. "It was a really popular

event," she says. "People were very interested [in the panel]." There was, unfortunately, one downfall that could not be predicted. "Because of the snow, there wasn't much turnout," says Dierlam. Her successor, Ryan Rose, is in the process of planning another curriculum vitae panel this month.

Courtney Walsh, who attended the CV workshop, hopes more students will be able to attend the next one.

"It is important for all students to have the opportunity to be exposed to the material presented at the CV workshop," she says. "It is relevant for second years, who have an immediate need for such a document, and for first years, who may forget pertinent experiences if they don't start documenting them now." The date for the next CV workshop will be announced via email.

### IMPORTANT DATES:

- March 2:  
**OMS-I Block Exam**
- March 5:  
**D.O. Day on the Hill**
- March 6 - 7:  
**SOMA Spring Meeting**
- March 9:  
**OMS-II Block Exam**
- March 13:  
**Mini Medical School at Ellen Myers Elementary**
- March 14 - 22:  
**Spring Break**
- March 24:  
**Mini Medical School at Sharps Chapel Elementary**
- March 30:  
**OMS-I Block Exam**

## 56 LMU-DCOM Students Head To D.C.

On March 4th, 56 LMU-DCOM students will travel to Washington, D.C. to "D.O. Day on the Hill" where they will represent the osteopathic medical profession and lobby for healthcare issues that are important to D.O.s. Students will have the opportunity to meet with the senator and representative for the area in

which they are registered to vote. Students are reminded

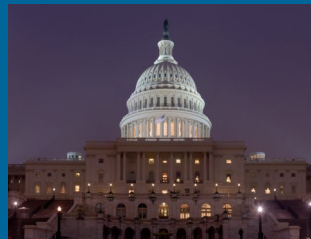


Photo from Wikipedia

to review the preparation material distributed by Martin Clemmons and eBriefings from Leann Fox before attending. Also, be familiar with the voting history of your members of congress. Additional helpful materials can be found at: <https://www.do-online.org>.

Have fun, be professional, and don't forget your white coat!

## Did You Know?

You are eligible for a variety of benefits and discounts just by being a member of SOMA! Here are just a few:

- 15% off all subscriptions and services with COM-BANK COMPLEX preparation
- \$100 off Falcon Physician Reviews for the COMLEX & USMLE
- 10% off FIRST AID for the COMLEX book
- Special discounts with GEICO Car Insurance
- Reduced rate car rentals with several companies
- Discounts on PDA programs with Skyscape

Check out <http://www.studentdo.com> for details and the full list of participants.

**SOMA wishes you the best of luck as you prepare for exams!**